



# *USER'S GUIDE*

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*CONNECTED AQUABIKE KIT*

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## DOWNLOAD APPLICATION

Download the « AQUACONNECT » application on iOS or Android



## HOW TO CONNECT THE MOBILE APPLICATION TO THE AQUABIKE

1 – Launch the application and create your account by clicking on « Register »



 **AquaNess**

[www.aquaness.com](http://www.aquaness.com)

2 – Fill in your email address and password then click on « Save »

## < **Ton inscription**

E-mail

 Mot de passe 

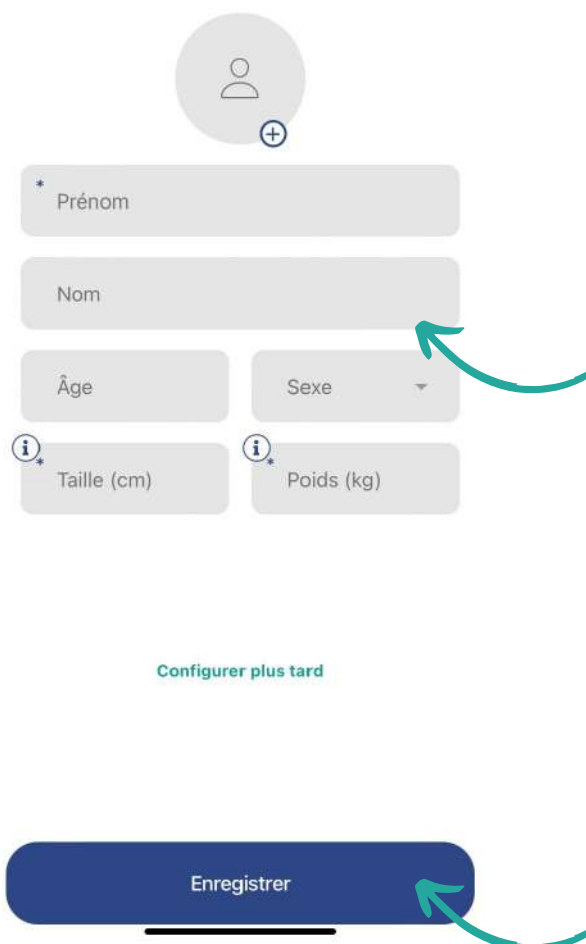
Confirmation du mot de passe 

☐ En cochant, tu acceptes [notre politique de confidentialité](#) et [nos conditions d'utilisation](#)

S'enregistrer

3 – Fill in your profile and click on « Save »

## Ton profil

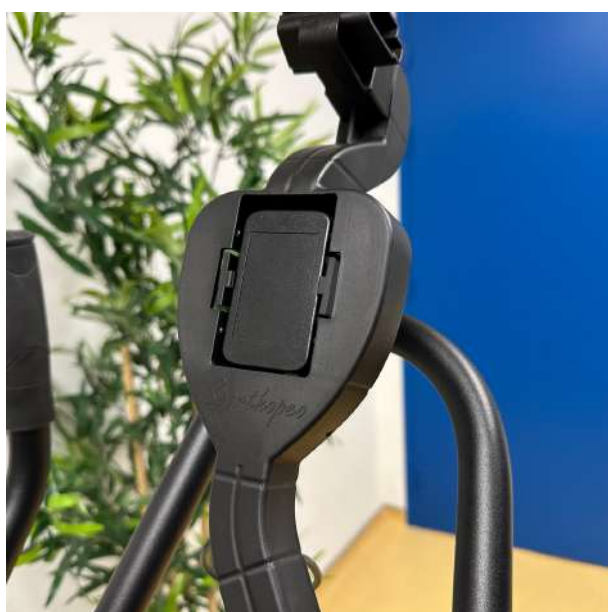


Profile form layout:

- Profile picture placeholder (person icon with a plus sign)
- Prénom (First name) - required (\*)
- Nom (Last name)
- Âge (Age)
- Sexe (Gender) - dropdown menu
- Taille (cm) (Height) - required (\*), includes info icon (i)
- Poids (kg) (Weight) - required (\*), includes info icon (i)
- [Configurer plus tard](#) (Configure later)
- Enregistrer** (Save) - button

4 – Connect the cable and screw to the connector of the black box then position it in the « heart » of the cobra support

Caution! Make sure to observe the coding when plugging in



5 – Click on the red aquabike at the top right of the mobile application



6 – Click on « Connect an Aquabike »



 AquaNess

7 – Click on « Aquabike number » and enter the number that appears on the box to which you have connected the cable and which is positioned in the heart of the cobra on the handlebars (do not enter the 0's but simply the last numbers) and click on « Connect »

Once the connection is successful, click on « Finish »



Saisis le numéro figurant sur le capteur de ton aquabike puis clique sur le bouton "Connecter".

Numéro de ton aquabike



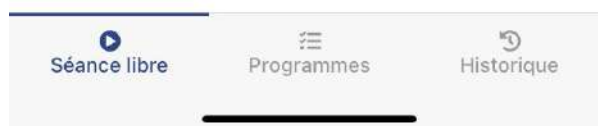
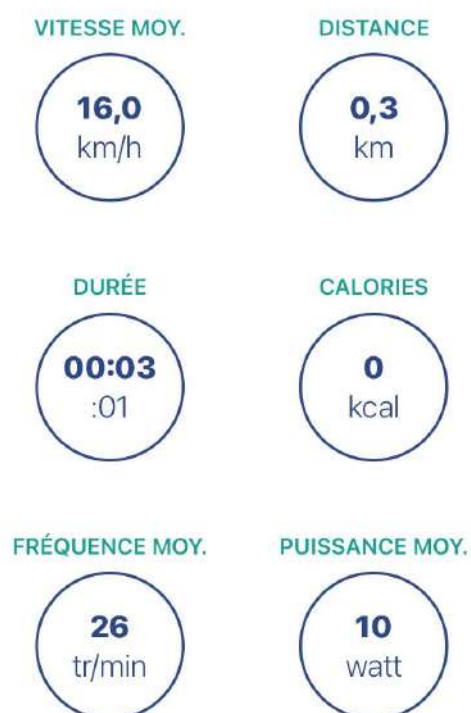
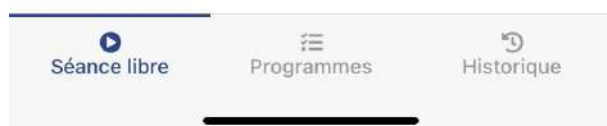
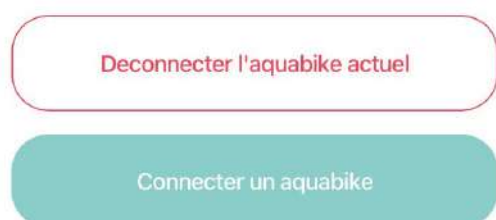
Connexion réussie. Tu peux fermer cette fenêtre.



If the sensor is not detected : make a pedal turn and the bike is connected to your phone.

Pedal around to display battery level

8 – Return to the menu by clicking on the arrow at the top left and then click on « Start a session »



9 – When you are ready, you can click on the green « Play » button



10 – Complete 6-7 laps of the pedal and the counter starts to run, you can see your efforts in real time!

You can pause your session to see your progress ;

You have the choice to resume your session by clicking on the green « Play » button or to stop your session by clicking on the red « Stop » button



 AquaNess

[www.aquaness.com](http://www.aquaness.com)

At the end of your session, you can save it before leaving to analyze your performance and compare it to other sessions if you wish.

11 – Click on « Save and quit » ; you will be able to find all your sessions in « History »

Mes statistiques

11,0  
km/h

0,1  
km

DURÉE  
00:00  
:17

CALORIES  
3  
kcal

FRÉQUENCE MOY.  
38  
tr/min

PUISSANCE MOY.  
251  
watt

⌵

Mes séances

LIBRES	PROGRAMMÉES
10/08/2022	0.072 km 00h00 >
10/08/2022	0.180 km 00h02 >
10/08/2022	0.108 km 00h01 >
24/08/2022	0.045 km 00h00 >
24/08/2022	0.000 km 00h07 >
31/08/2022	0.036 km 00h00 >
02/09/2022	0.090 km 00h00 >
07/09/2022	0.000 km 00h00 >

Enregistrer et quitter

Quitter sans enregistrer

Séance libre

Programmes

Historique

Séance libre

Programmes

Historique

## PROGRAMS

The program section allows you to follow courses already recorded in the mobile application.

New programs will be added regularly on the mobile application.

### Les programmes

- Réentraînement à l'effort >
- Perte de poids >
- Puissance/force >
- Rocky Balboa >
- Freestyle >

### Réentraînement à l'effort

**Description de la séance :**

Ce programme vous permettra une remise en forme physique et cardiaque optimale.

Durée

Niveau

**Fréquence en tr/min** min

Time (min)	Heart Rate (tr/min)
0	30
5	50
10	50 (spike to 70)
15	50 (spike to 70)
20	50 (spike to 70)
25	30

Démarrer la séance

Séance libre

**Programmes**

Historique

Séance libre

**Programmes**

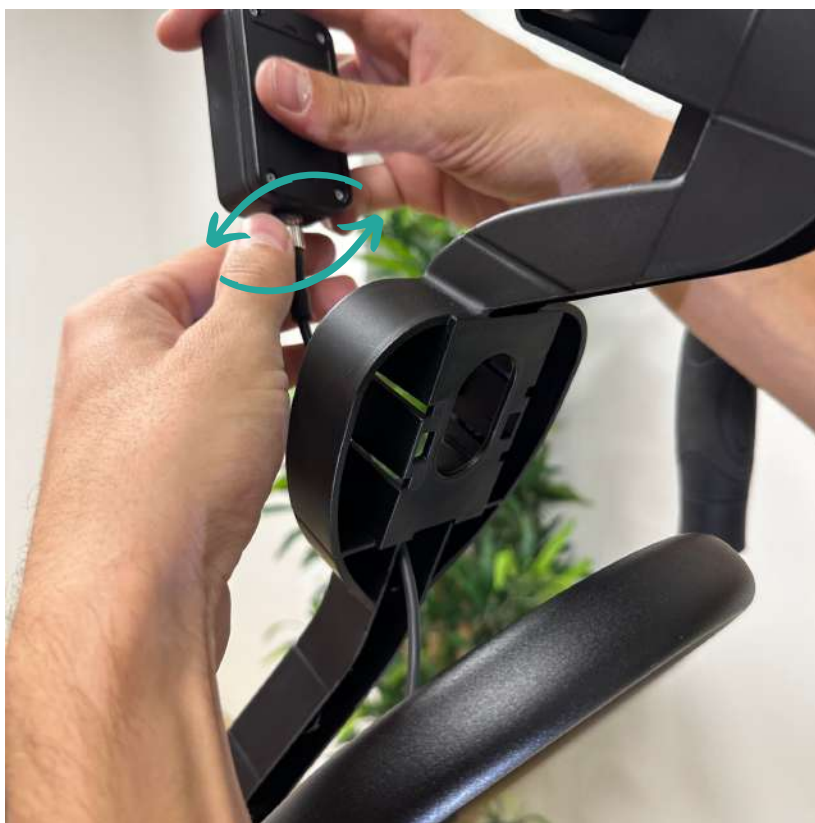
Historique

## HOW TO RECHARGE THE BATTERY

1 – Push the black box into the heart of the cobra



2 – Unscrew the cable from the connector





3 – Take the box and connect the connector to the power cable sold with the kit



Full charge time is two hours

# CONTACT INFORMATION, CURRENT STANDARDS AND TERMS OF USE

## Aquaness



18 rue de la Bergerie 67310  
ALLENWILLER



[aquaness.france@aquaness.fr](mailto:aquaness.france@aquaness.fr)



[www.aquaness.com](http://www.aquaness.com)

## CURRENT STANDARDS



Reference standard : EN 62368-1

*(concerns information and communication technology equipment as well as audio-video technology equipment used in the professional or consumer field with a nominal voltage not exceeding 600 V)*

## TERMS OF USE

Operating temperature between 5 and 35 degrees

The battery must be recharged out of the water

Replacement of the battery only by Sporthopeo



[www.aquaness.com](http://www.aquaness.com)



# ***GOOD PEDALING***

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THE AQUACONNECT TEAM WISHES YOU  
A GOOD SESSION